



La mia
Mamma

Regional homemade recipes cooked by Italian Mamas

"...so whenever I'm missing home and my mother, I know where to go"
Stanley Tucci, Searching for Italy, season 2, episode 4

This residency: SARDEGNA

Our Mamas join the team with their recipe book which has been passed down for generations. They do all the preparation with the same care and love they have when cooking at home for their family. Since they are not professional chefs, the Mamas are supported by a team of professionals in order to run a successful and busy shift. The passion for cooking has always revolved around their family, and you might as well throw that diet out the window - you'll always be too skinny to mamma's eye.

How our menu works:

We have 3 set menus you can choose from which cover the regional residency of the moment and includes a welcome drink, mixed starters to share, pasta (most of our pasta is freshly handmade daily) and/or main. Single dishes from Mamma's set menu can also be ordered without the set menu.

The a la carte menu is offering recipes from all over Italy with a modern twist, this is where our professional chefs take over.

Welcome to Sardegna!

Sardegna is an astonishing island rich in treasures such as heavenly beaches, dramatic landscapes and a very ancient culinary tradition that reflects the deep history of this land! The second largest island of the Mediterranean holds the highest rate of centenarians in the world, and we can understand why :)

Starters will feature a delicious mix of colorful veggies, meat and fish. Slow cooked wild boar and fish will be enjoyed as a first course or as a main, while pork will be served in the most authentic way: Porchetto Sardo! To finish, an interesting array of desserts has certainly to be paired with the traditional Mirto liqueur made with berries and leaves.

AS SEEN ON:

STANLEY
TUCCI
SEARCHING FOR
ITALY



THE TIMES

ShortList

Daily Mail

la Repubblica

Evening Standard.



CORRIERE DELLA SERA



GENTE



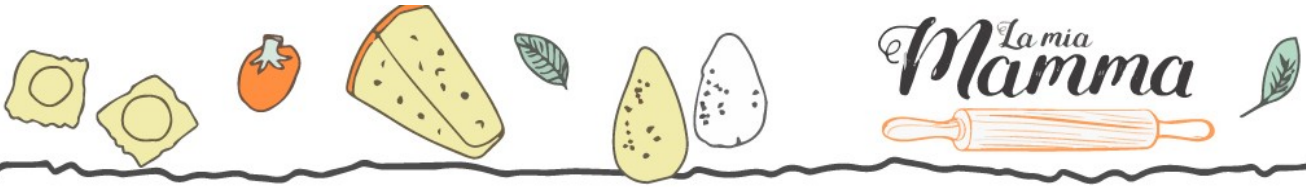
EATER



Diet guide:

VG – vegetarian / V – vegan / GF – Gluten free

Gluten free pasta is available on request at + £ 3,50



Mamma's home cooked menu

Limited offer:

Welcome glass of Prosecco (125 ml) or soft drink, always included
Dessert and single espresso available at an extra £ 5

Glass of Prosecco, Antipasti selection to share & pasta £ 29 p.p

Glass of Prosecco, Antipasti selection to share & main £ 35 p.p

Glass of Prosecco, Antipasti selection to share, pasta & main £ 40 p.p

Mamma's mixed antipasti selection for 2 people

(included in set menu for 2 people minimum or £ 18 pp A la Carte).

A SAMPLE SELECTION might include a yummy selection as the example below
(recipes can't be ordered individually or outside the board)

SARDEGNA: Salame di cinghiale con pane carasau, pecorino sardo e marmellatina di arancia (GF available)

Wild boar salame with carasau music bread, pecorino cheese and tangerine marmalade

SARDEGNA: Fregola zafferano e salsiccia

Sardinian pasta shaped like giant cous cous with saffron and Italian sausage

SARDEGNA: Mazza Frissa con miele e pane carasau

*Traditional dish made with semolina, milk cooked to a creamy porridge-like consistency.
Rich and savoury, served with music bread.*

SARDEGNA: Ragu' di carne (GF available)

Beef and pork cooked for at least 6 hours in a rich tomato sauce served with aromatic and crispy guttiau bread

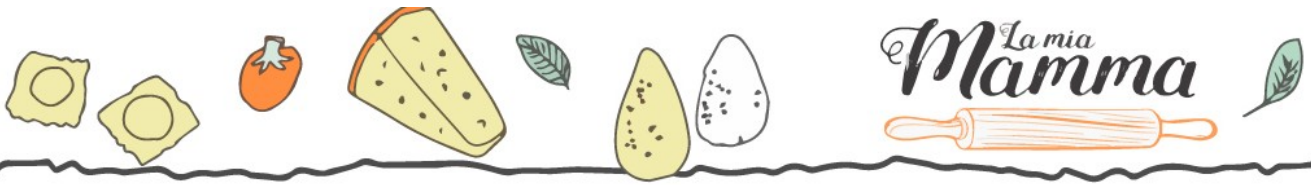
SARDEGNA: Parmigiana (VG)

Layers of fried aubergine, mozzarella, fresh tomato sauce and Parmesan cheese

Caponata (GF/VG/V)

Sweet and sour sautéed vegetables

A complimentary 13% service charge will be added to your bill, VAT included the standard rate.
If you have any allergies, please inform your waiter before ordering.



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Pasta

All our pasta is Fresh Egg Pasta. GF option is available for most of our pastas at + £ 3,50.

SARDEGNA: Malloreddus al ragu' di cinghiale (GF available)

Malloreddus typical tiny shell-shaped pasta with 8h slow cooked wild boar ragu'

SARDEGNA: Culurgiones Ogliastrini (VG) + £ 3

Handmade pasta dumpling from Sardinia filled with potato, pecorino cheese and mint served with rustic tomato sauce

SARDEGNA: Malloreddus alla campidanese (GF available)

Malloreddus typical tiny shell-shaped pasta with Italian pork sausages, saffron, tomato sauce and pecorino cheese

SARDEGNA: Fregola ai frutti di mare e zafferano

Sardinian pasta shaped like giant cous cous with mix sea food (catch of the day) and saffron

SARDEGNA: Malloreddus al pesto di pistacchio (VG/ V & GF available)

Malloreddus pasta served with pistachio pesto, ricotta and guanciale (pork cheek) (VG or VEGAN on request)

Rigatoni alla Norma (VG/ V & GF available)

Rigatoni pasta with fried aubergines Sicilian style, fresh tomato sauce and salted ricotta cheese (vegan version available without cheese).

Ziti alla Genovese (GF available)

Don't get fooled by the name, this typical Neapolitan pasta comes with a luscious sauce made with 8h slow cooked onion, beef and Parmesan

Bigoli Cacio e Pepe (VG)

Known as "the best cacio e pepe in town" by Infatuation London, typical pasta from Rome with pecorino cheese topped with crushed black pepper (add fennel sausage £ 3 / truffle shaves £ 6)

Mains

SARDEGNA: Porcetto sardo con patate e riduzione al Mirto + £ 7 (GF available)

Roasted suckling pig served with roast potatoes and Mirto liqueur reduction

SARDEGNA: Spezzatino d'agnello in umido alla Sarda sfumato in Cannonau

Lamb stew Sardinian style in sun dried tomatoes, thyme and herbs with a Cannonau red wine twist

SARDEGNA: Cinghiale in umido (GF)

Typical stew with wild boar marinated in Cannonau red wine, saffron, sun dried tomatoes, juniper berries and laurel

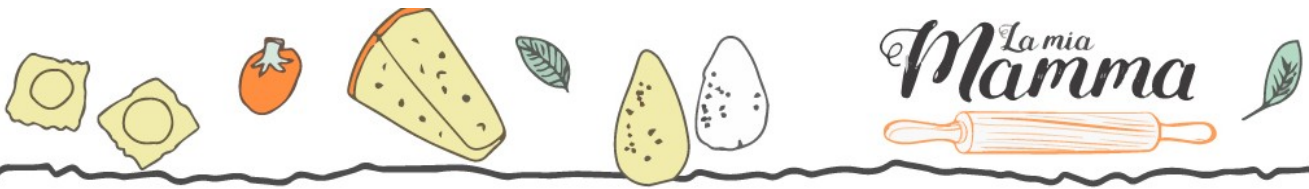
SARDEGNA: Melanzana alla Sarda con fonduta di pecorino (VG / V & GF available)

Aubergine boat filled with tomatoes, garlic and herbs served with pecorino cheese fondue (vegan version available without cheese)

Orata al cartoccio (GF)

Oven baked Sea Bream with potatoes, capers, olives and cherry tomatoes

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A la carte Menu from all over Italy

Pettole e capocollo..... £ 8,00

Traditional Apulian puffy balls of fried risen dough served with capocollo pork cured meat

Parmigiana di melanzane (VG) £ 11,50

Layers of aubergines, tomato sauce, mozzarella, basil and parmesan cheese

Salumi e formaggi (GF) £ 25,00

Cured meats and cheeses

Burrata con bottarga e insalata di pomodori e carasau £ 15,50

Burrata cheese with mulled roe, marinated tomato salad and music bread

Carpaccio di manzo con maionese alle erbe, tarallo e cipolla caramellata £ 15,50

Very thinly sliced raw beef with herb mayo, crumble tarallo from Puglia and caramelized onion

Tartare di tonno, stracciatella e tartufo £ 15,00

Red chunky tuna tartare, olives, stracciatella di burrata and black truffle.

Mains

Tagliata di entrecote con patate al forno (GF available)..... £ 25,00

8oz (220gr) Rib eye served with roast potatoes. (Add peppercorn sauce +£2)

Costine di manzo al Primitivo con pure' (GF)..... £ 28,00

Slow cooked beef ribs in Primitivo wine reduction with mash potato

Panzanella con pesche grigliate, avocado e stracciatella (VG) £ 16,50

A rustic "bread salad" with chopped grilled peaches, avocado and stracciatella (burrata's heart)

Sides

Patate al forno (VG)..... £ 5,00

Roasted potatoes

Insalata mista (VG)(GF)..... £ 4,00

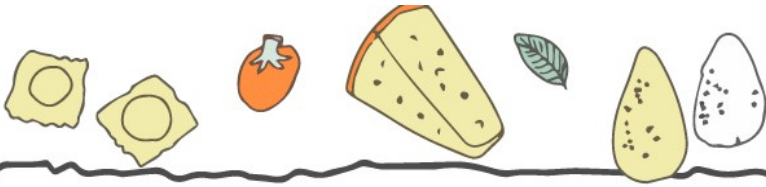
Mix salad

Cime di rapa (VG)(GF)..... £ 7,00

Apulian sautéed turnip tops, flavorful and slightly bitter

Homemade bread basket..... £ 4,00

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Desserts

Dessert of the day £ 8,50

Ask your waiter

Tiramisu' al pistacchio £ 9,50

Mamma Anna's infamous pistachio tiramisù

Seadas £ 8,00

Sardinian sun shaped pastry filled with soured pecorino cheese topped with icing sugar and honey

Cannolo Siciliano £ 8,50

Sicilian cannolo shell filled with handmade sweet ricotta cheese and topped with pistachio and chocolate

BUON APPETITO!

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